



FEBRUARY TIMETABLE



Tempest Dance & Fitness, Unit 4 & 5, Maynards Row, Gilesgate, Durham DH1 1QF

TEMPEST STUDIO DURHAM

Contact: 07507632458

Monday	Unit 4 - upstairs
	Private Lessons by arrangement see below
Tuesday	Unit 4
11.00 – 12.00	Daytime Pole All Levels Kes (8)
18.00 – 19.00	Pole All Levels with Suzy (8)
19.15 – 20.15	Pole Heels with Suzy (8)
Wednesday	Unit 4
	Private Lessons by arrangement see below
Thursday	Unit 4
12.15 – 13.15	Pole All Levels with Kes (8)
13.30 – 14.30	Pole Beginners with Kes (8)
18.00 – 19.00	Pole Beginners with Claire (8)
19.15 – 20.15	Pole All Levels with Claire (8)
Friday	Unit 4
18.00 – 19.00	Pole All Levels with Kes (8)
19.15 – 20.15	Pole All Levels with Kes (8)
Saturday	Unit 4
10.00 – 11.00	Pole Absolute Beginners with Rowena (8)
11.15 – 12.15	Pole All Levels with Rowena (8)

Monday	Unit 5 - downstairs
18.00 – 19.00	Kids Aerial with Sophie (8) Age 4 – 14 adult stays
19.15 – 20.15	Beginners Aerial Adults with Sophie (8) age 14+
Tuesday	Unit 5
18.00 – 19.00	Kids Aerial with Sophie (8) Age 4 – 14 adult stays
19.15 – 20.15	Mixed Aerial Adults with Sophie (8) age 14+
Wednesday	Unit 5
	Private Lessons by arrangement see below
Thursday	Unit 5
	Private Lessons by arrangement see below
Friday	Unit 5
18.00 – 19.00	Beginners Aerial Adults with Sophie (8) age 14+
19.15 – 20.15	Aerial Hoop Adults with Sophie (8) age 14+

PRICE LIST
Aerial and Pole sessions £14 Kids Aerial £12
*Private Lessons 1-1 £37 2-1 £55 3-1 £66 4-1 £80 <i>*most popular, best value option: 2-1 or 3-1 privates</i>
Package discount: Email info@tempestdancestudio.com to arrange Package codes give you access to FOUR or EIGHT adult classes within a six week period. You receive a code via email (around teaching hours) which will allow you to book your classes at any time during the month. The package expires at the end of 6 weeks. You can purchase more than one package in a month. You have the option to re-schedule a session if 24 hours notice is given. No refunds are given for packages. Unused classes cannot be carried forward past the 6 week period.

TEMPEST DANCE STUDIO DURHAM

2026 PRICES

Pole & Aerial: £14
Kids Aerial: £12

4-Class Pack:
£51.20 (6-week expiry)
8-Class Pack:
£96 (6-week expiry)

Email info@tempestdancestudio.com
to arrange your package

Tempest Dance Studio
Small classes • Safe instruction • Empowering community

PARTIES

Aerial, Pole, Burlesque, Line Dancing, Dance & Kids
Birthday parties from £18pp

HEN PARTIES – TEAM BUILDING

Parties are tailored to your needs. We can print special
t-shirts for the birthday boy/girl or for the whole Hen
party

Contact us to book info@tempestdancestudio.com

CAR PARK is FREE

**DON'T FORGET TO LOG YOUR REGISTRATION ON
ARRIVAL TO THE STUDIO**