



# OCTOBER TIMETABLE



Tempest Dance & Fitness, Maynards Row, Gilesgate, Durham DH1 1QF Contact: 07507632458



Monday	Unit 4 - upstairs
	Private Lessons by arrangement
Tuesday	Unit 4
11.00 – 12.00	Daytime Pole All Levels Kes (8)
18.00 – 19.00	Pole All Levels with Suzy (8)
19.15 – 20.15	Pole Heels with Suzy (8)
Wednesday	Unit 4
	Private Lessons by arrangement
Thursday	Unit 4
12.15 – 13.15	Pole All Levels with Kes (8)
13.30 – 14.30	Pole Beginners with Kes (8)
18.00 – 19.00	Pole All Levels with Claire (8)
19.15 – 20.15	Pole All Levels with Claire (8)
Friday	Unit 4
18.00 – 19.00	Pole All Levels with Kes (8)
19.15 – 20.15	Pole All Levels with Kes (8)
Saturday	Unit 4
10.00 – 11.00	Pole All Levels with Claire / Rowena (8)
11.15 – 12.15	Pole Beginners with Claire / Rowena (8)

Monday	Unit 5 - downstairs
19.15 – 20.15	Beginners Aerial with Sophie (8)
Tuesday	Unit 5
16.45 – 17.45	Kids Aerial with Sophie (6) <b>Age 4 – 14 adult to stay</b>
18.00 – 19.00	Private Lessons by arrangement
19.15 – 20.15	Mixed Aerial with Sophie (8)
Wednesday	Unit 5
	Private Lessons by arrangement
Thursday	Unit 5
	Private Lessons by arrangement
Friday	Unit 5
18.15 – 19.15	Mixed Aerial with Sophie (8)
19.30 – 20.30	Intermediate/Advanced Hoop with Sophie (8)

LINE DANCING with KES
More Classes coming SOON!!!

PRICE LIST
Aerial and Pole sessions still only £12 Kids Aerial £10
*Private Lesson 1-1 £35 2-1 £25 each 3-1 £20 each 4-1 £18 each <i>*the option to book an aerial class with up to 3 of your friends</i>
<b>Package discount:</b> Package codes give you access to FOUR or EIGHT adult classes within one month. You receive a code via email (around teaching hours) which will allow you to book your classes at any time during the month. The package expires at the end of each month. You can purchase more than one package in a month. You have the option to re-schedule a session within the same calendar month if 24 hours notice is given. No refunds are given for packages. Unused classes cannot be carried forward into the next month.

PARTIES
Aerial, Pole, Burlesque, Line Dancing, Dance & Kids Birthday parties from £15pp .....
<b>HEN PARTIES – TEAM BUILDING</b> Parties are tailored to your needs. We can print special t-shirts for the birthday boy/girl or for the whole Hen party Contact us to book <a href="mailto:info@tempestdancestudio.com">info@tempestdancestudio.com</a>
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