



HYGIENE POLICY
TEMPEST DANCE & FITNESS DURHAM
TEMPEST DANCE STUDIO WASHINGTON



At Tempest Dance Studio (Durham & Washington) we have implemented the below hygiene policy

We would ask that all students, instructors and other visitors to the studio abide by the below policy at all times. Failure to do so may result in removal from the studio with any future attendance suspended without a refund.

PERSONAL HYGIENE	<ul style="list-style-type: none"> *Please shower on the day of your class where possible as equipment is shared with others. *Cover your mouth and nose with a tissue or your arm when you cough and sneeze *Put the used tissue in the bin immediately and wash your hands *Please wear deodorant for class *Do not use the pole cloths to wipe your face or body. Bring your own towel.
EQUIPMENT	<ul style="list-style-type: none"> *Only use the equipment you have been assigned to for the class *Only use the cleaning products provided for your piece of equipment *Please ensure you have your own grip aid – studio grip is available to purchase.
COMMON AREAS	<ul style="list-style-type: none"> *Common areas including toilet facilities at Washington are cleaned regularly. Please take extra care when using the toilet facilities at Durham as this is a shared space. *If parents of an aerial child are suffering from a cold/illness please do not gather at the seated area you may wait in your car if agreed with the instructor.
WASTE	<ul style="list-style-type: none"> *Please ensure all waste is disposed of safely in the bin *Where possible take waste home with you especially water bottles *Please wash your hands or use sanitiser after disposing of waste
VENTILATION	<ul style="list-style-type: none"> *Fans and doors/windows can only be operated by the instructor. *Please do not touch these. *Please let an instructor know if you would like ventilation adjusted
STUDENT STORAGE	<ul style="list-style-type: none"> *Only bring to the studio exactly what you need for your class. *Shoes must be left at the entrance to Unit 4 Durham and in the individual cubes at Washington and Unit 5 Durham. No outdoor shoes to be worn in either studio.
RIGGING	<ul style="list-style-type: none"> *Please do not touch or adjust any rigging above your equipment.
HYDRATION	<ul style="list-style-type: none"> *Please ensure you bring your own filled water bottle with you for class.