

# SEPTEMBER CLASSES



**STUDIO CLOSED w/b 23<sup>rd</sup> SEPTEMBER for one week**

## TEMPEST STUDIO DURHAM

Tempest Dance & Fitness, Maynards Row, Gilesgate, Durham DH1 1QF Contact: 07507632458

Monday	Unit 4 - upstairs
	Private Pole by arrangement
Tuesday	Unit 4
11.00 – 12.00	Daytime Pole All Levels Kes (8)
18.00 – 19.00	Pole All Levels with Suzy (8)
19.15 – 20.15	Pole Heels with Suzy (8)
Wednesday	Unit 4
	Private Pole by arrangement
Thursday	Unit 4
12.15 – 13.15	Pole All Levels with Kes (8)
13.30 – 14.30	Pole Beginners with Kes (8)
14.30 – 15.00	Flex with Kes (8)
18.00 – 19.00	Pole All Levels Claire (8)
19.15 – 20.15	Pole Beginners/Improvers Claire (8)
Friday	Unit 4
18.00 – 19.00	Pole All Levels with Kes (8)
19.15 – 20.15	Pole Beginner/Improvers with Kes (8)
Saturday	Unit 4
10.00 – 11.00	Pole All Levels Claire (8)
11.15 – 12.15	Pole Beginners Claire (8)

Monday	Unit 5 - downstairs
16.45 – 17.45	Private Aerial available to book with Sophie*
18.00 – 19.00	FAMILY AERIAL Age 4 – 7 (8)
19.15 – 20.15	Mixed Aerial All Levels with Sophie (8)
Tuesday	Unit 5
16.45 – 17.45	Kids Aerial with Sophie (8) <b>Age 7 – 13 adult to stay unless agreed</b>
18.00 – 19.00	Aerial Trapeze all levels with Sophie (8)
19.15 – 20.15	Mixed Aerial with Sophie (8)
20.30 – 21.30	Aerial PRIVATE available with Sophie*
Wednesday	Unit 5
16.45 – 17.45	Kids Aerial with Sophie (6) <b>Age 7 – 13 adult to stay unless agreed</b>
18.00 – 19.00	SILKS & HAMMOCK with Sophie (8)
19.15 – 20.15	HOOP with Sophie (8)

### PARTIES

Aerial, Pole, Burlesque, Dance & Kids Birthday parties from £15pp .....HEN PARTIES – TEAM BUILDING  
Parties are tailored to your needs. We can print special t-shirts for the birthday boy/girl or for the whole Hen party

Contact us to book [info@tempestdancestudio.com](mailto:info@tempestdancestudio.com)

### POLICIES. PARQ. PAYMENT. PARKING.

Please read all policies before your class. It is essential that you complete the online PARQ before coming to your first session. Payment is due at the time of booking and the cancellation period for refunds or class changes is 24 hours

<https://www.tempestdancestudio.com/parq-and-policies/>

Parking is FREE – collect your pass on arrival to the studio

### PRICE LIST

Aerial and Pole sessions still only £12

Kids Aerial £10

\*Private Lesson

1-1 £35 2-1 £25 each 3-1 £20 each 4-1 £18 each *\*the option to book an aerial class with up to 3 of your friends*

#### BLOCK BOOKING DISCOUNT:

Discount codes by email request

*Discount can only be applied when booking 4 or more classes in one month in one transaction. Please see terms of booking.*

Email: [info@tempestdancestudio.com](mailto:info@tempestdancestudio.com) for a code

@tempeststudio

