



AUGUST 2023



TEMPEST STUDIO DURHAM

Tempest Dance & Fitness, Maynards Row, Gilesgate, Durham DH1 1QF Contact: 07507632458

Monday	Unit 4 - upstairs	Monday	Unit 5 - downstairs
18.00 – 19.00	Pole self – practise (4) <i>By arrangement</i>	13.00 – 14.00	Kids Summer Circus Session with Sophie Age 4-14
19.15 – 20.15	Pole Beginners/Improvers Rowena (8)	16.45 – 17.45	Private Aerial available to book with Sophie *
Tuesday	Unit 4	18.00 – 19.00	FAMILY AERIAL (adult & child) Age 4 – 7 (8)
18.00 – 19.00	Pole All Levels with Suzy (8)	19.15 – 20.15	Mixed Aerial All Levels with Sophie (8)
19.15 – 20.15	Pole Heels with Suzy (8)	Tuesday	Unit 5
Wednesday	Unit 4	18.00 – 19.00	Trapeze all levels with Gemma (8)
19.15 – 20.15	Pole All Levels with Rowena (8)	19.15 – 20.15	Mixed Aerial with Gemma (8)
Thursday	Unit 4	20.30 – 21.30	Aerial PRIVATE available to book Gemma*
12.15 – 13.15	Pole All Levels with Kes (8)	Wednesday	Unit 5
13.30 – 14.30	Pole Beginners with Kes (8)	17.00 – 18.00	Kids Aerial with Sophie (6) Age 7 – 13 <i>adult to stay unless agreed</i>
18.00 – 19.00	Pole All Levels Claire (8)	18.15 – 19.15	Beginners Aerial with Sophie (8)
19.15 – 20.15	Pole Beginners/Improvers Claire (8)	19.30 – 20.30	Aerial PRIVATE available to book Sophie*
Friday	Unit 4	Thursday	Unit 5
18.00 – 19.00	Pole All Levels with Kes (8)	18.00 – 19.00	Aerial Hammock Beginners Gemma (8)
19.15 – 20.15	Pole Beginner/Improvers with Kes (8)	19.15 – 20.15	Aerial Hoop with Gemma (8)
Saturday	Unit 4	20.30 – 21.30	Aerial PRIVATE available to book Gemma*
10.00 – 11.00	Pole All Levels Claire (8)	Friday	Unit 5 – available to hire contact us for details
11.15 – 12.15	Pole Beginners Claire (8)	13.00 – 14.00	Kids Summer Circus Session with Sophie Age 4-14

PRICE LIST
Aerial and Pole sessions £12
*Private Lesson 1-1 £35 2-1 £25 each 3-1 £20 each 4-1 £18 each <i>*the option to book an aerial class with up to 3 of your friends</i>
BLOCK BOOKING DISCOUNT: If you intend to book 4 or more AUGUST sessions EMAIL us for your personal discount code. <i>Discount cannot be used on less than 4 classes. Please see terms of booking.</i> Email: info@tempestdancestudio.com for a code

POLICIES. PARQ. PAYMENT. PARKING.
**Please DO NOT come to the studio if you test positive or suspect that you have Covid-19. Do not come to the studio with cold/flu symptoms.
**Please read all policies before your class. It is essential that you complete the online PARQ before coming to your first session.
**Payment is due at the time of booking and the cancellation period for refunds or class changes is 24 hours
https://www.tempestdancestudio.com/parq-and-policies/
Parking is FREE – collect your pass on arrival to the studio

PARTIES

Aerial, Pole, Burlesque, Dance & Kids Birthday parties from £15ppHEN PARTIES – TEAM BUILDING
Parties are tailored to your needs. We can print special t-shirts for the birthday boy/girl or for the whole Hen party
Contact us to book info@tempestdancestudio.com